

# Rustic Heart Lavender Sachets

## Templates & Instructions

Print or trace onto cardstock



Cut 4 if using cheesecloth  
or cut 2 if using muslin



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1. Trace template onto fabric and cut out.

2. Draw embroidery design on one heart using pencil or erasable fabric marker.

3. Embroider design. If using cheesecloth, put two heart pieces together and embroider through both.

4. With wrong sides together sew around edge of heart using 1/4" seam allowance, leaving a gap for filling.

5. Using a funnel, fill with lavender.

6. Sew gap closed.

7. Trim edges with pinking shears.

8. Make a running stitch along the stitching line using embroidery floss.

9. Add a thread, twine or ribbon at the centre top of the heart for hanging.